

WHAT IS A VERB?

A Fun Grade 1 Learning Sheet

Meet Dash, Your Verb Helper!



Hi friends! I am **Dash** ! I love to **run** , **jump** , **sing** , and **eat** my breakfast every day! Every word that tells us what someone or something **DOES** is called a **VERB**.

★ **A VERB is a DOING WORD! It tells us what someone or something does.**

Remember it with V-E-R-B!

V

Very

E

Energetic

R

Running

B

Bouncing

"**VERB**" helps us remember — verbs are **Very Energetic Running & Bouncing words!**

The 4 Verb Families



BODY ACTIONS

run, jump, dance, swim



DAILY ACTIONS

eat, sleep, brush, wash



TALKING ACTIONS

talk, sing, ask, shout



THINKING & FEELING

think, know, wish, love

How to Spot a Verb — 3 Easy Steps!

- 1 Look at the word and ask — "**Can I do this?**"
- 2 Try acting it out — can you **run**, **clap**, or **smile** it?
- 3 If you can act it out... it's a **VERB**! Easy, right?



★ ★ ★ VERB PRACTICE TIME!

Let's get moving with Dash!

Activity 1: Circle the Verbs!

(Draw a circle around every doing word you find)

jump happy **run** blue **sing** chair **eat** school **dance** fast
sleep **clap**

Activity 2: Sort the Verbs!

Swim

Brush

Shout

Think

Wash

Dance

Ask

Wish

Body

Daily

Talking

Thinking

Activity 3: Act It Out!

(Tick the box after you act out each verb with a friend)

☐ Hop like a bunny

☐ Clap your hands

☐ Sing a song

☐ Yawn like you're sleepy

★ **Great Job, Verb Champion!**

You now know: a **VERB** is a doing word that tells us about **body actions**, **daily actions**, **talking**, or **thinking & feeling**!